

# FOOTHILLS PHYSICAL THERAPY PATIENT HISTORY

Date: \_\_\_\_\_

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_ SS#: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Employer \_\_\_\_\_ Email Address: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

.....  
Have you previously had physical therapy? Yes No When? \_\_\_\_\_

Are you currently receiving any type of VNA Services? Yes No

Was it for the same problem that you are currently seeking treatment? Yes No

.....  
Primary Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

Referring Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

.....  
**PLEASE COMPLETE:** Name of Insurance to Bill: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

ID/Claim#: \_\_\_\_\_ Group #: \_\_\_\_\_

**Health Insurance Subscriber: (circle one) Self Spouse Parent**

If other than self: Name: \_\_\_\_\_ DOB: \_\_\_\_\_

**If Injury is related to work or an auto accident - DATE OF INJURY** \_\_\_\_\_

**PLEASE CIRCLE if applicable: AUTO: YES/NO State of accident \_\_\_\_\_ WORKERS COMP: YES/NO**

Adjuster: \_\_\_\_\_ Phone #: \_\_\_\_\_

.....  
**PRIVACY NOTICE**

We here at Foothills Physical Therapy feel that your privacy should be protected. In the course of your treatment, we collect person information about you that is necessary to treating you. As our valued patient, we treat this information as confidential and recognize the importance of protecting it. A copy of our complete HIPPA Notice of Privacy Practices is available upon request. By signing below, I acknowledge that I have been permitted to access and/or have a copy of this information.

I hereby consent to such treatment procedures and patient care which, in the judgment of my therapist and/or physician, may be considered necessary or advisable while a patient at Foothills Physical Therapy.

Signature of Patient or Guardian \_\_\_\_\_ Date \_\_\_\_\_

**28 Commercial Street, Suite 4, Concord NH 03301 Phone (603)-225-5132 Fax (603)-225-6061**

**[www.foothillsphysicaltherapy.com](http://www.foothillsphysicaltherapy.com)**

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Date: \_\_\_\_\_

## **PAYMENT POLICY**

### **Financial Arrangements/Insurance:**

Foothills Physical Therapy has agreed to submit claims to your primary and secondary insurances. Ultimately, you are responsible for any co-insurance, co-payment, deductible, and reduction of benefits or denial for pre-existing conditions. Since each patient's insurance policy is different, you must notify us immediately if your insurance requires pre-authorization.

Not all insurances cover supplies that your therapist may determine as necessary for your treatment. Although we will submit these charges to your insurance company, their coverage is not a guarantee and payment is required at time of purchase.

Payment is expected at time of service. We accept cash, check, MasterCard, or Visa.

In special circumstances if the above terms cannot be met, we can discuss your individual needs and set up a mutually agreeable payment plan.

**MEDICARE:** Medicare will cover 80% of the approved charges for therapy services after a calendar year deductible. **Medicare recommends that the patient see their physician to begin treatment.**

### **Appointments:**

In the event that an appointment needs to be cancelled or changed, we must have 24-hours' notice. This allows us to accommodate other patients who are waiting for appointment times. In case of broken appointments in which adequate notice was not given, you will be charged a fee of **\$25.00**. After two instances of broken appointments or short-notice cancellations, we have the discretion to dismiss you from our practice. An answering machine is available during off hours.

If at any time you have questions or concerns, please do not hesitate to speak with the Front Desk.

\_\_\_\_\_  
(Signature)

\_\_\_\_\_  
(Print name)

\_\_\_\_\_  
(Date)

**28 Commercial Street, Concord, NH 03301**  
**603-225-5132 (answering machine available during off hours)**  
**[www.foothillsphysicaltherapy.com](http://www.foothillsphysicaltherapy.com)**

**Foothills Physical Therapy  
TMJ Questionnaire**

**Date:** \_\_\_\_\_

**Name:** \_\_\_\_\_ **Age:** \_\_\_\_\_ **Occupation:** \_\_\_\_\_

1. Patient's complaint:

2. How sustained:

Past Trauma -

3. What makes your pain worse? Chewing \_\_\_\_\_ Yawning \_\_\_\_\_ Stress \_\_\_\_\_

4. What, if anything, eases your pain?

5. Does your jaw make a noise on movement? Yes \_\_\_\_\_ No \_\_\_\_\_

6. Has your Jaw ever locked? Open \_\_\_\_\_ Closed \_\_\_\_\_ Date: \_\_\_\_\_

7. Do you clench or grind your teeth? Yes \_\_\_\_\_ No \_\_\_\_\_

8. Is your face and mouth tired in the morning? Yes \_\_\_\_\_ No \_\_\_\_\_

9. Are your teeth sore or sensitive? Yes \_\_\_\_\_ No \_\_\_\_\_

10. Is it difficult to swallow? Yes \_\_\_\_\_ No \_\_\_\_\_

11. Do you have a tendency to bite your cheeks, lips or tongue while chewing or swallowing? Yes \_\_\_\_\_ No \_\_\_\_\_

12. Do you have any problems or pain with your ears? Left \_\_\_\_\_ Right \_\_\_\_\_

13. Do you have pain in or around the eyes? Yes \_\_\_\_\_ No \_\_\_\_\_

14. Do you have headaches? (see chart) Yes \_\_\_\_\_ No \_\_\_\_\_

15. Do you have any numbness? (see chart) Yes \_\_\_\_\_ No \_\_\_\_\_

16. Have you had any surgery? Yes \_\_\_\_\_ No \_\_\_\_\_

17. Have you had any major dental work done? Yes \_\_\_\_\_ No \_\_\_\_\_

18. Do you feel tired when you get up in the morning? Yes \_\_\_\_\_ No \_\_\_\_\_

19. Who else has seen you for this problem and what did they do?

20. Do you feel your jaw should be in a different position? If so, briefly describe :

21. Do you feel your posture has changed? If yes, explain how :

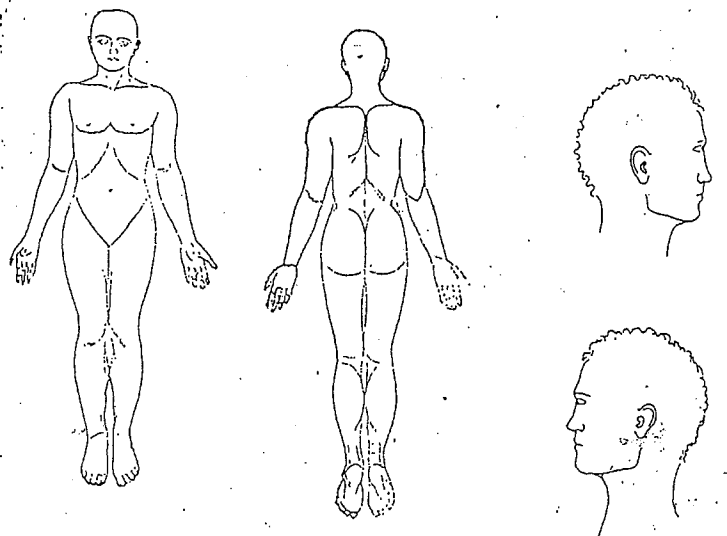
22. Is your pain constant \_\_\_\_\_ intermittent \_\_\_\_\_?

23. Are you under a lot of stress or tension? Yes \_\_\_\_\_ No \_\_\_\_\_

24. On a scale of 1-10 (10 being the worst, and 0 being no pain) how would you score your pain now? \_\_\_\_\_

**PLEASE COMPLETE OTHER SIDE**

Please indicate on the drawing all your areas of discomfort.



**Have you or any immediate family member ever been diagnosed with: (Please Circle Yes or No, Self and/or Family)**

Cancer	yes	no	self	family	Angina/Chest Pain	yes	no	self	family
High Blood Pressure	yes	no	self	family	Stroke	yes	no	self	family
Diabetes	yes	no	self	family	Arthritis	yes	no	self	family
Heart Disease	yes	no	self	family					

**Have you had or recently experienced:**

Nausea/Vomiting	yes	no	Fever/Chills/Sweats	yes	no
Numbness/tingling	yes	no	Muscular Weakness	yes	no
Fainting Spells	yes	no	Dizziness	yes	no
Night Pain	yes	no	Headaches	yes	no
Surgery	yes	no	Hospitalization	yes	no
Unexplained weight loss	yes	no	Bowel/bladder changes	yes	no

If yes, please explain: \_\_\_\_\_

**Do you have a history of:**

Shortness of Breath	yes	no	Allergies	yes	no
Asthma	yes	no	Bronchitis	yes	no
Kidney Disease/stone	yes	no	Polio	yes	no
Emphysema	yes	no	Anemia	yes	no
Rheumatic Fever	yes	no	Ulcers	yes	no
Seizures	yes	no	Other illnesses	yes	no

Have you had any recent illnesses, including upper respiratory infections, flu, or urinary tract infections? yes no

Do you smoke? yes no If yes, how many packs per day? \_\_\_\_\_ For how many years? \_\_\_\_\_

Do you use alcohol? yes no If yes, how many drinks per day? \_\_\_\_\_ How many per week? \_\_\_\_\_

Do you consume caffeine? yes no Of yes, how many cups per day? \_\_\_\_\_

Do you currently use or have you ever used a C-PAP Machine? Yes No

Do you have any allergies to latex? Yes No

Please list your medications: \_\_\_\_\_

What do you want Physical Therapy to do for you?

\_\_\_\_\_